

LIFE MADE NEW

*A Self-Study on Excerpts from
the Book of Romans*

LESSON 5

"Dying to Live"

This Bible Study Series Provided By:

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Lesson 5
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3. List some of the blessings of being freed from sin and controlled by Jesus (Romans 6:16, 19, and 22).

4. Look at the verses of Romans 5, 6, 7, and 8. Paul repeats the phrase “Christ Jesus our Lord.” What does it mean personally for you to have Jesus Christ as both Savior and Lord (that is, ruler) of your life?

Digging Deeper

Look at a couple of commentaries on Romans 7. It will help prepare the way for understanding chapter 8, Paul’s description of how the Holy Spirit helps us live this new life in Christ. Make notes from your reading below.

A key thought in this chapter is that the believer in Christ has died to sin. This is not something the person does, but rather has been done to them. Romans 6:6 says that believers united with Christ in His death have their old selves crucified. This is a legal death, a death to the penalty of sin.

Wise Words

“It is impossible to be neutral. Every person has a master - either God or sin. A Christian is not someone who cannot sin, but someone who is no longer a slave to sin. He or she belongs to God.”

- Life Application Bible, p. 2038

“In the modern church, understanding the rite of baptism has gone through many changes and has been the subject of numerous debates. But it should be remembered that for the early Christians who came from either a Jewish background or involvement with pagan religions which had their own initiation ceremonies, the act of baptism was a serious step taken by a convinced adult to declare his allegiance to Christ whatever the cost and, also, to announce the termination of his old life and the initiation of the new.”

- Stuart Briscoe

A Question to Ponder: Who Reigns in Your Life?

1. If you are living in deliberate rebellion to what you know to be God’s Will for your life, then you are dying - physically and spiritually. Death reigns.
2. But if you choose to trust what God has accomplished for you in Christ’s death and resurrection and surrender to Him, then grace will reign. And eternal life will be the end result. This is God’s gift to you.

- John Allen Chalk

“We should constantly be reminding ourselves who we are. We need to learn to ask ourselves questions: Don’t you know the meaning of your conversion and baptism? Don’t you know that you have been united to Christ in his death and resurrection? Don’t you know that you have been enslaved to God and have committed yourself to His obedience? ... We must go on pressing ourselves with such questions until we reply to ourselves: “Yes, I do know who I am, a new person in Christ, and by the grace of God I shall live accordingly.”

- John R.W. Stott

Reflection Questions

1. Romans chapter 6 teaches that a person justified by faith (and thus living under God’s grace) is free to keep on sinning.
_____ True _____ False
2. Paul says that when, through faith in Jesus, we are baptized, we are connected to both Christ’s _____ and _____ (Romans 6:3-5).
3. When we are united with Christ in his death, our old self is _____ with Christ and we are freed from _____ (Romans 6:6-7).
4. When you enjoy the blessings of salvation in Christ, then sin is no longer your _____ because you no longer live under _____ but _____ (Romans 6:14).
5. Paul says that Christians can live with Christ because they have _____ with Him (Romans 6:8).

6. There is an irony to the Christian life, as Romans 6:18 explains. We have been set free from _____ and now are a slave to _____.
7. Romans 6:23 states that the wages of sin is _____ but the gift of God is _____.

Discussion Questions

1. Describe how our baptism is like both a funeral and a resurrection.

2. What are the damaging results of being a slave to sin (Romans 6:16, 21, and 23)?
